

# HELSTON ATHLETIC FOOTBALL CLUB

## Return to Football COVID-19 Risk Assessment.

*If used you should amend through overtyping and deleting as appropriate for your Club.*

<b>Name of Risk Assessor:</b> Paul Hendy (Club COVID-19 Officer)	<b>Date of Assessment:</b> 20/07/20	<b>Assessment Review Date:</b> Weekly / Upon receipt of revised legislation / guidance
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### Identify the Activity and Persons at Risk

<b>Describe the activity:</b> Training / Matchday Football	<b>Who might be harmed?</b> Players, Officials, Staff, Volunteers and Spectators.	<b>Frequency of activity:</b> Weekly – mainly Saturday afternoons or midweek evenings
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This risk assessment is part of *Helston Athletic FC's* match-day safety management strategy that is held within the Club's Matchday Operations Manual.

WHAT ARE THE HAZARDS	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHOM?	ACTION BY WHEN?	DATE COMPLETE
<b>Spread of COVID - 19</b>	<p><b>GENERAL</b></p> <p><b>ALL attendees to be reminded to undertake self-assessment for any COVID-19 symptoms prior to entering ground.</b></p> <p><b>Promoting good hygiene</b></p> <ul style="list-style-type: none"> <li>Provision of hand sanitiser throughout clubhouse and changing rooms</li> <li>Clear signage to hand washing areas</li> <li>Ensure all handwashing and sanitiser facilities are in good working order and suitably stocked</li> <li>Provision of hygiene standards promotional posters throughout clubhouse and changing rooms</li> <li>Provision of disposal paper towels at all handwashing stations</li> </ul>	<ul style="list-style-type: none"> <li>Clear and visible signage to be permanently displayed at all ground entrances</li> <li>Hourly check process (sanitiser, soap and paper towels and handwashing stations)</li> <li>Daily stock check (sanitiser, soap and paper towels)</li> <li>Daily check (promotion posters and signage)</li> <li>Train all workers on new protocols and the important of good hygiene</li> </ul>			

	<p><b>Keeping facilities and equipment clean</b></p> <ul style="list-style-type: none"> <li>• Daily cleaning throughout clubhouse and changing areas</li> <li>• Identification of high contact points for more regular cleaning (e.g. door handles, rails, gaming machines)</li> <li>• Frequent cleaning of work areas and equipment between use</li> <li>• Provision of waste facilities</li> <li>• Follow Public Health England guidance if a COVID-19 case is reported at the facility</li> </ul> <p><b>Maintaining social distancing and avoiding congestion</b></p> <ul style="list-style-type: none"> <li>• Provision of signage to help people find their destination more quickly</li> <li>• Review of how people walk through clubhouse / changing rooms to reduce congestion and contact</li> <li>• Regulate the entry to clubhouse / changing rooms to avoid overcrowding</li> <li>• Apply appropriate markings where possible to the clubhouse / changing rooms areas where queueing is likely</li> <li>• One-way arrow markings to help foot traffic management</li> <li>• Single use doorways to avoid congestion i.e. one-way only entrances / exits</li> <li>• Single / limited use of toilet facilities to avoid congestion in confined spaces</li> </ul>	<ul style="list-style-type: none"> <li>• Weekly stock check (cleaning products)</li> <li>• Empty waste facilities regularly</li> <li>• Train all workers on Public Health England guidance for reported Covid-19 cases</li> </ul> <ul style="list-style-type: none"> <li>• Monitor effectiveness, especially at peak times</li> <li>• Train workers to promote compliance to facility users</li> <li>• Train workers to report /deal with issues of non-compliance</li> <li>• Daily check (promotion posters and signage)</li> </ul>			
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**SPECIFIC**

**Training**

- Competitive training sessions will be limited to 30 people including coaching staff
  - Pre-training player / coach screening to be undertaken
  - In support of NHS Track and Trace, names and contact details of all attendees will be collected and retained for 21 days
  - All equipment must be cleaned prior to and after use
  - Any symptomatic players or coaches, or those living with someone who is symptomatic, must self-isolate at home and not attend
  - Changing rooms will be unavailable
  - Attendees to supply own drink bottle/s (labelled)
  - Use of bibs to be avoided. If used not to be swapped. All bibs to be immediately washed after use.
  - Indoor training is prohibited
- All attendees to sanitise hands upon arrival and immediately after training.
  - Pre-training symptomatic questionnaire to be completed for attendees
  - Pre-training temperature checks to be undertaken of all attendees prior to training
  - Changing rooms to remain locked
  - Social distancing to be maintained as much as possible
  - Soiled bibs to returned to a single bag, by player, post session

	<p><b>Travel</b></p> <ul style="list-style-type: none"><li>• The use of public transport to be avoided</li><li>• Participants should walk or cycle if possible</li><li>• Players to be encouraged to arrive for training and matches in own personal car if unable to walk or cycle.</li><li>• People from same household or support bubble can travel together</li><li>• Where shared travel is unavoidable, individuals should aim to travel with same people each time</li><li>• Coach travel to be utilised as last resort.</li></ul> <p><b>Welfare</b></p> <ul style="list-style-type: none"><li>• All players, officials, volunteers and supporters to undertake self-assessment for any COVID-19 symptoms prior to leaving home.</li><li>• Verbal check for symptoms to take place prior to all training sessions and matches.</li><li>• Attendees to supply own drink bottle (labelled).</li><li>• Post session / match players to refrain from any contact</li></ul>	<ul style="list-style-type: none"><li>• Drivers / all passengers advised to keep vehicles well ventilated and encourage to wear a face covering</li><li>• Upon arrival at training / matches, drivers, where possible, to park vehicle one car width away from other vehicles</li></ul> <ul style="list-style-type: none"><li>• Pre-match symptomatic questionnaire to be completed for attendees upon arrive for training / match</li><li>• Pre-training / match temperature checks to be undertaken of all attendees</li><li>• All attendees to be regularly reminded of the importance and requirements of social distancing</li></ul>			
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	<p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>• Balls, cones, goalposts etc must be regularly wiped down with an appropriate sanitiser after every session. Facemasks and gloves are strongly recommended when carrying out this task.</li> </ul> <p><b>Medical / Physiotherapy</b></p> <ul style="list-style-type: none"> <li>• PPE in line with Public Health England recommendations to be worn by any individual administering first aid or carrying out physiotherapy activities</li> <li>• First aiders must ensure their qualifications are in date respective to governing body i.e. FA</li> </ul> <p><b>Players - Facilities / Changing Rooms</b></p> <ul style="list-style-type: none"> <li>• Changing rooms to be used on matchdays for changing and showering purposes only</li> <li>• Use of changing rooms to be limited to maximum number at any one time</li> <li>• Safe system of access / egress</li> </ul>	<ul style="list-style-type: none"> <li>• PPE, sanitiser spray and wipes to be issued to individual team managers / coaches</li> <li>• Club EAP to be updated to include COVID-19 requirements</li> <li>• First Aid health records to detail pre-training health checks</li> <li>• Maximum changing room occupancy to be displayed on individual changing room entrances</li> <li>• Home team to change / shower in limited number groups</li> <li>• Away teams to be allocated two changing rooms. Hazard tape to applied to seating to encourage social distancing</li> <li>• Match officials to be allocated former away team changing room</li> <li>• Manager briefings to be conducted outside</li> </ul>			
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	<p><b>Match Officials</b></p> <ul style="list-style-type: none"> <li>• Safe exchange of team sheets</li> <li>• Safe method of match fee / expenses payment</li> <li>• Tunnel Management</li> </ul> <p><b>Technical Areas</b></p> <ul style="list-style-type: none"> <li>• Additional seating in support of social distancing</li> <li>• Increase size of technical area</li> </ul> <p><b>Warm Up Areas</b></p> <ul style="list-style-type: none"> <li>• Sufficient distance required between individual dedicated warm up areas for home team, away and match officials</li> </ul> <p><b>Spectators</b></p> <ul style="list-style-type: none"> <li>• No spectators permitted at the current time</li> </ul> <p><b>Boardrooms / Hospitality</b></p> <ul style="list-style-type: none"> <li>• No hospitality required. If provided risk assessment review required</li> </ul>	<ul style="list-style-type: none"> <li>• Team sheets to be shared by SMS / Messenger</li> <li>• Match fee payment by BAC's</li> <li>• Away team exit / enter changing rooms ahead of hosts</li> <li>• additional seats - home dugout</li> <li>• additional seats - away dugout</li> <li>• Dugouts to be extended towards corner flags</li> <li>• Plan drawings identifying respective warm up areas to be displayed in changing rooms</li> <li>• Risk Assessment review to be undertaken upon notification of revision on spectator guidance</li> </ul>			
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	<p><b>Clubhouse / Bar</b></p> <ul style="list-style-type: none"> <li>• Provision of signage</li> <li>• In support of NHS Track and Trace, names and contact details of all attendees will be collected and retained for 21 days</li> <li>• Review of walkways to reduce congestion and contact between users</li> <li>• Regulate the entry to clubhouse to avoid overcrowding</li> <li>• Apply appropriate distancing markings where queueing is likely</li> <li>• One-way arrow markings to help foot traffic management</li> <li>• Single use doorways to avoid congestion i.e. one-way only entrances / exits</li> <li>• Single / limited use of toilet facilities to avoid congestion in confined spaces</li> <li>• Electronic payments preferred.</li> <li>• Procedure for cash payments</li> </ul> <p><b>Volunteers</b></p> <ul style="list-style-type: none"> <li>• Any symptomatic volunteer, or those living with someone who is symptomatic, must self-isolate at home and not attend</li> <li>• PPE to be supplied if requested by an individual. i.e. gloves, facemask, visor etc</li> </ul>	<ul style="list-style-type: none"> <li>• One metre restricted access area clearly marked out surrounding customer side of bar. Entry only permitted when staff have stepped back.</li> <li>• Reduced tables / seating and pool tables removed to allow increased social distancing.</li> <li>• Doorway wedged open, where safe to do so, to reduce hand contact.</li> <li>• External doors left open to increase ventilation flow</li> <li>• Sanitiser wipes and gel located at known contact points</li> </ul> <ul style="list-style-type: none"> <li>• Volunteer briefing on risks, available PPE and requirement to regularly wash hands and use sanitiser</li> </ul>			
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	<b>Youth Players (Aged 16 / 17)</b> <ul style="list-style-type: none"><li>• Parent written consent letter advisory.</li></ul>	<ul style="list-style-type: none"><li>• No youth player to represent senior club side without parent written consent.</li></ul>			
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